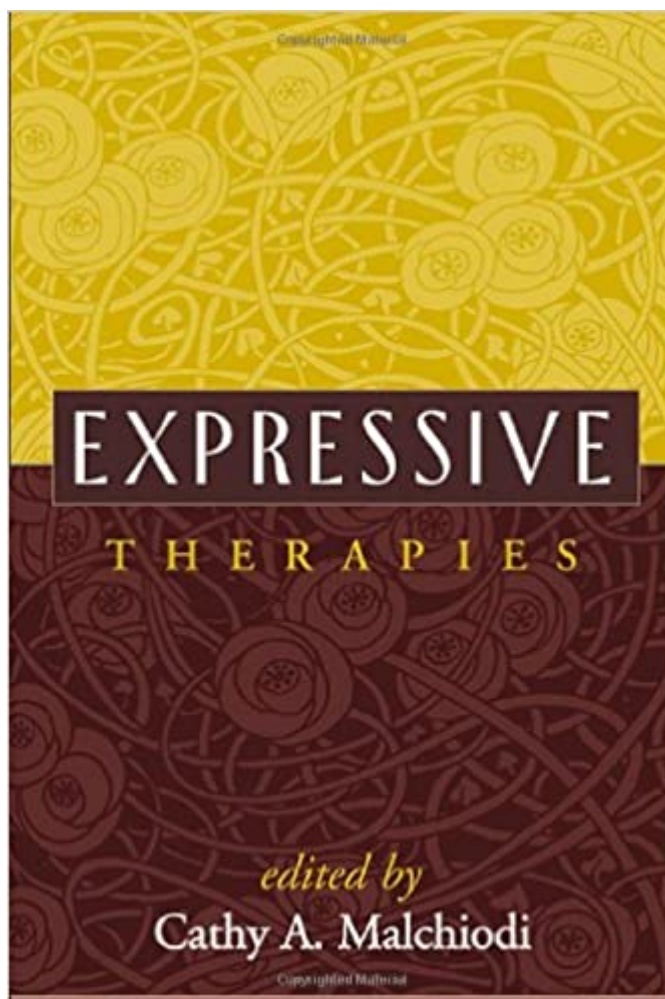


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Expressive Therapies



Synopsis

Psychotherapists, counselors, and other health care professionals are increasingly turning to expressive therapies--including art, music, dance/movement, drama, poetry, play, sandtray, and integrative approaches--in their work with clients of all ages. This timely volume offers a comprehensive presentation of these innovative and powerful modalities. Expert contributors present in-depth descriptions of their respective approaches to intervention with children, adults, and groups, giving particular attention to strategies for integrating expressive work with other forms of psychotherapy.

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Customer Reviews

"This well-edited volume advances our understanding of the practice of the expressive therapies and does so in a clear and concise manner. What is special about this volume is its inclusiveness: all of the major expressive therapies are presented. This is an ideal text for advanced undergraduates and graduate students considering a career in the expressive therapies, as well as for practitioners who want to explore an integrative approach to clinical work."--Paul M. Camic, PhD, Liberal Education Department, Columbia College Chicago

"The use of the expressive therapies as powerful forms of healing extends back throughout the history of humankind. Despite the centrality of the arts to therapy, this volume offers the first comprehensive description of the therapeutic use of the various creative arts modalities. It will serve as an invaluable resource for professionals and students in mental health, rehabilitation, and health care who wish to combine the arts with therapy

to improve the lives of people of all ages dealing with the broadest range of concerns and disabilities. This seminal book will inevitably become the definitive text in the use of specific art modalities, as well as the integration of all arts modalities."--Susan Spaniol, EdD, ATR-BC, LMHC, Expressive Therapies Division, Lesley University"Provides a clear and engaging overview of the expressive therapies. Experts in each modality present basic information on each type of therapy and its practice and discuss clinical issues and concerns. In addition to the traditional expressive therapies, some newer approaches are also covered. This book will be very useful to professionals who want an overview of the expressive therapies and to expressive therapy practitioners who desire an understanding of other modalities. A welcome addition to the literature!"--Barbara L. Wheeler, PhD, MT-BC, Music Therapy Program, University of Louisville"Most comprehensive and useful. Expressive Therapies reveals how various creative modalities can be used in the context of a counseling or therapy relationship. The ways in which particular artistic practices are employed in working with clients at different stages of life are also addressed. The pragmatic quality of this text is outstanding. It is a work that will inform and enlighten therapists from multiple disciplines. This volume is like a good soup, rich in texture and flavor, making one hungry to return again and again for another helping."--Samuel T. Gladding, PhD, Department of Counseling, Wake Forest University"There is something for everyone in this book. The compilation of authors from different areas of specializations demonstrates the editor's effort to reach out to sister disciplines and appeal to a wide range of health care professionals with a range of clinical experience....An excellent introduction to the field, capturing the essences of each of the topics presented, while sparking the reader to pursue other resources which may be of particular interest. For the more experienced clinician who has a basic foundation on expressive therapies, this book provides sophisticated information including theoretical constructs which will challenge and expand the reader's understanding and ways of applying the arts to their practice. Regardless of the reader's skill level, vignettes in each chapter provide poignant case examples illustrating the truly powerful healing and transformative effect that the arts have in treatment." (Clinical Social Work Journal 2006-09-24)

Cathy A. Malchiodi, PhD, ATR-BC, LPCC, LPAT, REAT, is an art therapist, expressive arts therapist, and clinical mental health counselor, as well as a recognized authority on art therapy with children, adults, and families. She has given more than 400 presentations on art therapy and has published numerous articles, chapters, and books, including *Understanding Children's Drawings* and *Handbook of Art Therapy, Second Edition*. Dr. Malchiodi is the founder and executive director of the Trauma-Informed Practices and Expressive Arts Therapy Institute. She has worked with a

variety of community, national, and international agencies, particularly on the use of art therapy for trauma intervention, disaster relief, mental health, medical illness, and prevention. She is the first person to have received all three of the American Art Therapy Association's highest honors: Distinguished Service Award, Clinician Award, and Honorary Life Member Award. She has also received honors from the Kennedy Center and Very Special Arts in Washington, DC. A passionate advocate for the role of the arts in health, she is a blogger for Psychology Today. Dr. Malchiodi is coeditor (with David A. Crenshaw) of Guilford's Creative Arts and Play Therapy series.

Great content, the chapters are the perfect size.

This book (on Kindle) is great for use in my counseling office. Thank you Cathy Malchiodi!

Perfect for an expressive arts therapy class

Excellent, met my expectations

this was such a helpful book for school.also an easy read

I love the rapid delivery from the time I ordered!! A required text for my Expressive Arts Psych class I'm sure I read more than two chapters in the future for reference.

Great buy! The book arrived promptly! * * * * *

I use expressive arts with my own clients and found this book to be a very powerful resource. Each expressive arts therapies are explained and there are examples of each modality through different therapist working with patients or clients of their own. Very well-written and organized. I have several expressive arts books and have to say that this book is very good to a beginner who needs understanding of expressive therapies and for advance therapist who may need a reminder or simply need a new idea. This book is informative...and even gives major evaluations and assessments! Everything is defined for clear and complete comprehension. Great for a class!

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